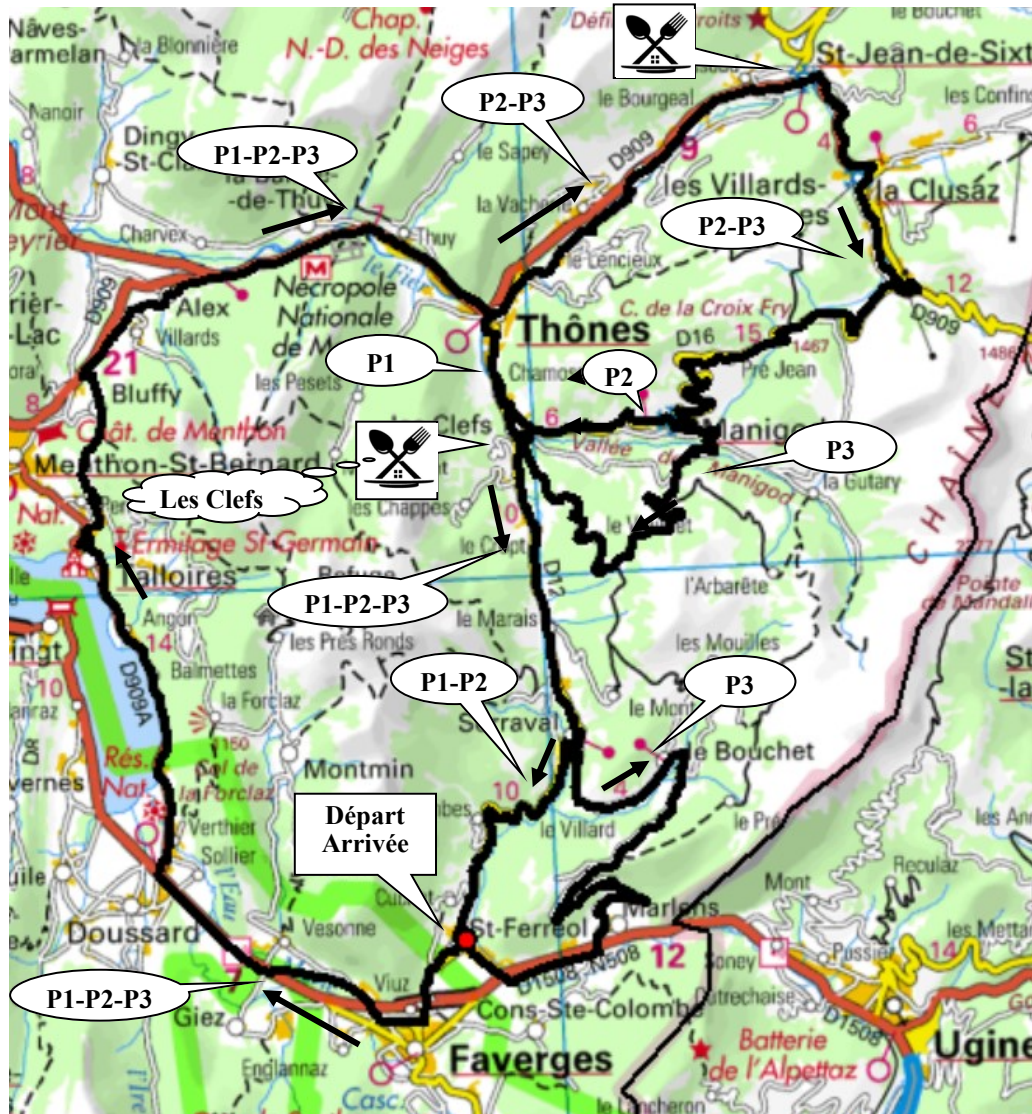
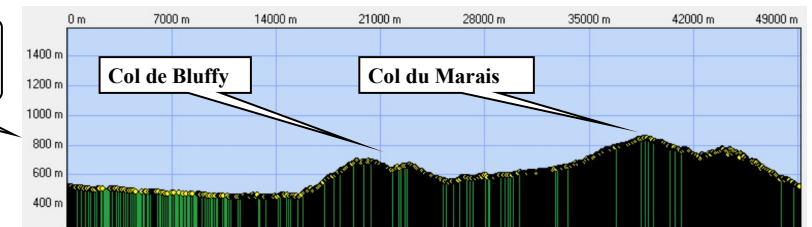


# Randonnée des Sources du lac d'Annecy

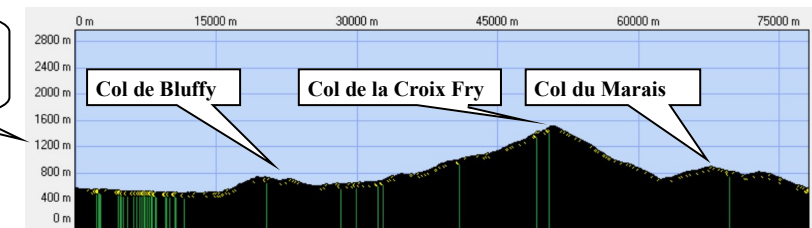


Route	Lieux	50 km + 650m	78 km + 1400m	97 km + 2100m	Altitude
C/V	St Ferréol	0	0	0	521m
Piste cycl	Doussard	9	9	9	468m
Piste cycl	Talloires	16	16	16	453m
D4/D169	Col de Bluffy	21	21	21	676m
D909	Thônes	32	32	32	620m
D909	St Jean de Sixt (ctrl ravito)	↓	42	42	962m
D909	Col de la Croix Fry	↓	51	51	1467m
D16	Manigod	↓	58	56	926m
C/V	Col Plan Bois	↓	↓	64	1299m
C/V	Les Clefs (ctrl ravito)	36	64	70	731m
D12	Serraval	42	68	77	762m
D162	Col de l'Epine	↓	↓	84	947m
Piste cycl	Marlens	↓	↓	90	464m
D12	St Ferréol	49	78	94	521m

**P1 50 km**  
dénivelé + 650m



**P2 78km**  
dénivelé + 1400m



**P3 97km**  
dénivelé + 2100m



**Pompiers: 18 ou 112 Samu 15**  
Tél . PC de sécurité 06 87 08 09 95 / 06 11 97 54 35